



Simple changes for a more sustainable lifestyle...

www.goinggreensolutions.com.au

'Easy Being' June 2008 e-newsletter

Welcome!

And a special welcome to all those people who joined our e-list at the **Going Green Expo at the Melbourne Exhibition Centre**. It was a fantastic expo with a myriad of products and services being showcased.

This month's newsletter focuses the BioBag— is it or is it not biodegradable? Also, read about 5 simple things you can do to reduce your greenhouse gas emissions.

Please forward this newsletter to anyone you feel would find it of interest

News from the team...

Degradable: will fall apart into smaller pieces of the same thing over time

Biodegradable: will be eaten by bio-organisms and turned into organic matter over time

Bio-bags—or are they?

Something we often hear is people happily saying 'we are already using biodegradable bags'.

On further investigation, they are then shocked to find out that some 'BioBags' are actually not biodegradable, only 'degradable'. What's more, they are just a plastic bag made from petroleum products, treated with a chemical that makes it *degrade* (fall apart into smaller pieces of plastic) over an unspecified time.

According to an article in the Sydney Morning Herald ([read more: go to 'Biobags - or are they?'...](#))...

1. Switch to green power

(how many of you did this after last month's newsletter?)

2. Leave the car at home

as often as you can—especially for short trips.

3. Adjust your thermostats—just 1 degree difference

can reduce your energy consumption by 10%

4. Eat less animal products.

Meat, specially beef, has a high environmental impact.

5. Take fewer air flights.

Top 5 tips to reduce your contribution to climate change (from ACF: www.acfonline.org.au/greenhome)

Special June offers

Buy either of the following and receive a free **Cocoa Farm chocolate** (100gm) of your choice (value \$5.95)

1. [Clear Comfort insulation super kit](#) (make your home warmer right away!!)
2. 4 x [LED globes](#) (any mix of 4) - save on electricity costs by over 90% (compared to incandescent)
3. The fabulous Ron D Swan [A4 shoulder bag](#) Melbourne-made from reclaimed canvas.

New products

[Clear comfort insulation](#)

A simple, cost-effective DIY insulation for windows that has the effect of double glazing. Works by creating a window cavity. Durable & washable. We have installed it; ask us for tips and testimonials from other customers!

[Catering ware](#)

We now have a 500ml sugarcane bowl with matching lid to add to the range.

[Fire-lighters](#)

Australian made from compressed sawdust and vegetable wax; no smell, waterproof, petrochemical free.

['Austral Adrian'](#)

An album full of environmental songs for kids with a great positive message: beware — you'll find yourself singing them in the shower!

[Ron D Swan A4 bag](#)

This is the best bag I've ever had...fits A4 documents, has lots of pockets and space for a mobile...both practical and funky.

[Cocoa Farm chocolate](#)

The most amazing chocolate made by an Australian company; includes organic & sugar free varieties. Mango, lime & chili Dark orange, Vintage Pinot, Vintage Merlot & Vintage Shiraz to name just a few—Mmmm!

To **subscribe** to our free monthly e-newsletter, please [click here](#)

To **un-subscribe** from our free monthly e-newsletter, please [click here](#)

Or **contact us** on info@goinggreensolutions.com.au or call **(03) 9718 0126**